



ST. JAMES-ASSINIBOIA
Parent Child
Coalition



FAMILY FOCUS

Bringing families and the community together to help our children reach their full potential

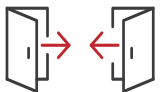
Welcome Back

Well, wasn't summer 2020 one to remember! We closed our doors rather quickly in the spring and soon after launched a series of online programs. As we are now ready to resume our in-person programs this fall, please take a moment to familiarize yourself with the changes.

We have created two new outdoor programs to compliment newly revised versions of our Family Gym and Bookworms programs. *(Please note that all indoor programming now requires registration)*. More information on our exciting new programs can be found further on in this newsletter. Unfortunately, we are unable to resume our Parent Child Drop In Centres programs at this time.

We will be doing our part to safeguard our collective health by implementing the following procedures as they relate to COVID-19.

Procedures for Parent Child Coalition Programs at Westwood Community Church



Entrance to the building is restricted to the main doors facing Westwood Dr. Entrance and Exit doors are indicated with signage.



Families must go directly to and from the entrance into the gym. (use of any other space is not allowed). No loitering in the hallway will be permitted. Families must leave the building immediately following their time slot.



Hand sanitization is required upon entry to the building. Sanitization stations are available at the entrance door and throughout the building.



All participants will be asked screening questions at the door. If you answer "yes" to any of the questions, you will be asked to refrain from entering the building until you can answer "no" to all of the questions.



Bring your own water bottles as the water fountains are no longer operational. Snacks can no longer be shared outside your family.



If programs have to be cancelled or temporarily suspended, we will do our best to notify you and post a notice on the doors.



Social distancing of two meters is to be adhered to at all times with the exception of members who reside in the same household.



Participants are encouraged to use the Manitoba Health COVID-19 Screening Tool at: <https://sharedhealthmb.ca/covid19/screening-tool/>



Non-medical masks or face coverings are required for adults and encouraged for children. Children under 2 yrs. are not required to wear masks.



Please stay home if you are feeling sick. The ongoing health and wellbeing of all community participants continues to be our top priority.

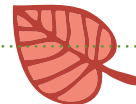
Woodland Play

Join us for this exciting new outdoor program! Rain or Shine or Snow we are taking our play outdoors. Weekly adventures will promote opportunities to explore, build, discover, climb and create in nature.



Research Indicates Nature Play:

- Improves mental and physical health and well-being
- Supports all aspects of child development
- Encourages creativity, enhances self-confidence and builds imagination
- Promotes exploration and understanding of the world around us



Drop In (No Registration Required)

Dates: Sept 17 – Dec 10

When: Thursday Mornings from 10:00 – 11:00 AM

Where: Woodhaven Community Centre (200 Glendale Blvd) Meet in the parking lot

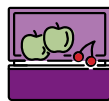
Families are asked to bring the following each week:



Blanket



Water Bottle



Snack (optional)



Dress appropriately for the weather

The St. James-Assiniboia Parent Child Coalition follows strict procedures to comply with the Government of Manitoba Health Standards as they relate to COVID – 19.

- Hand sanitizer will be provided
- No washrooms are currently available
- Stay home if feeling ill



Nature is the best playground



Music in the Meadow

Did you know music ignites all areas of child development and helps the body and mind work together? Families are invited to drop in and join us for an outdoor musical adventure! Each week we will experience music through instruments, movement, singing, stories and rhymes.

Drop In (No Registration Required)

Dates: Sept 16 – Oct 28

When: Wednesday Mornings 10:00 – 10:45 AM

Where: Messiah Lutheran Church – 400 Rouge Rd (Green space on the west side of the church)

Families are asked to bring the following each week:



Blanket



Water Bottle



Snack (optional)



Dress appropriately for the weather

The St. James-Assiniboia Parent Child Coalition follows strict procedures to comply with the Government of Manitoba Health Standards as they relate to COVID – 19.

- Hand sanitizer will be provided
- No washrooms are currently available
- Stay home if feeling ill



Family Gym

We are excited to continue our partnership with the Westwood Community Church and resume our Family Gym program!

If you are looking for some active fun with your child join us for this open gym experience. A variety of equipment will be available including climbers, tunnels, bikes and more. (Due to Covid-19 some of the usual equipment and bouncer will not be available) Parents are encouraged to participate and have fun together as children develop strength, coordination and confidence.

The St. James-Assiniboia Parent Child Coalition follows strict procedures to comply with the Government of Manitoba Health Standards as they relate to COVID – 19. Please see Page 1 of this newsletter for our procedures related to indoor programming at Westwood Community Church.

Registration Required

To ensure the safety of all families we are implementing a temporary registration policy for this program. Families may register for one of the following sessions.



Session 1: Sept 15 – Dec 8

Tuesday Mornings
9:00 – 10:00 a.m.

Session 2: Sept 15 – Dec 8

Tuesday Mornings
10:30 – 11:30 a.m.

Session 3: Sept 18 – Dec 11

Friday Mornings
9:00 – 10:00 a.m.

Session 4: Sept 18 – Dec 11

Friday Mornings
10:30 – 11:30 a.m.



Please note a thorough sanitization of all equipment will take place between sessions.

Registration starts Tuesday September 1, 2020 at 9:00 a.m.

Email: familyresource@sjasd.ca

Include: Parent and Child's Name, Children's age, Session and Contact Info. A confirmation email will be sent to you.



Scarecrow, Scarecrow

Scarecrow, scarecrow, turn around,
Scarecrow, scarecrow, touch the ground.
Scarecrow, scarecrow, reach up high.
Scarecrow, scarecrow, touch the sky.
Scarecrow, scarecrow, bend down low,
Scarecrow, scarecrow, touch your toes.



Autumn

Autumn winds begin to blow. (blow)
Colored leaves fall fast and slow.
(fall motion with fingers)
Twirling, whirling, all around,
(turn self around)
Till at last, they touch the ground.
(fall to the ground)



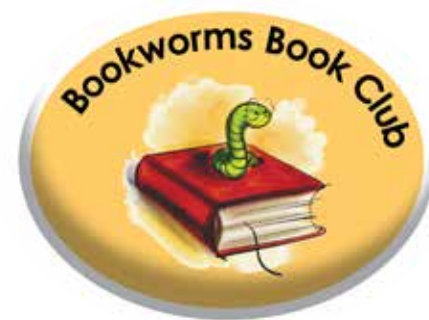
Answering your young child's questions about Coronavirus. Age appropriate responses to common questions <https://www.zerotothree.org/coronavirus>



Bedtime Bookworms

(Pajamas Optional)

Bedtime Bookworms is an evening program for families with children 1 – 5 yrs. of age, featuring interactive literacy and movement activities!



We will be offering two 5-week sessions. Registration is limited to one session/family.

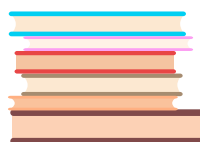
The St. James-Assiniboia Parent Child Coalition follows strict procedures to comply with the Government of Manitoba Health Standards as they relate to COVID – 19. *Please see Page 1 of this newsletter for our procedures related to indoor programming at Westwood Community Church.*

When: Monday Evenings 6:00 – 7:00 p.m.

Session 1: Sept 21, 28, Oct 5, 19, 26

Session 2: Nov 2, 9, 16, 23, 30

Where: Westwood Community Church, 401 Westwood Drive



Registration Starts Tuesday September 1, 2020 at 9:00 a.m.

Email: familyresource@sjasd.ca

Include: Parent and Child's Name, Children's age, Session and Contact info. A confirmation email will be sent to you.



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Visit St. James-Assiniboia Parent
Child Coalition online at
www.sjapcc.ca



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